Lord have mercy.

My Lord Jesus Christ, Son of God, have mercy on me, a sinner.

Save me, O God! For the waters have come up to my neck. (Ps 69:1)

Lord, teach me to do Thy will.

Be willing to help me, O Lord, because I am weak and cannot keep up this battle. Lord Jesus, protect me against my tongue.

Make haste O God to deliver me! Make haste to help me, O Lord! (Ps. 70:1) This is the day the Lord has made; we will rejoice and be glad in it. (Ps. 118:24)

Let all adverse powers be banished beneath the sign of the image of the cross.

The Lord watches over my coming out and my going in both now and forevermore.

Out of the depths I have cried to You O Lord; Lord, hear my voice! Let your ears be attentive to the voice of my supplications.

Though I walk in the midst of trouble, You will revive me.

(Ps. 138:7)

(Ps. 121:8)

(Ps. 130: 1-2)

Lord, I cry out to You; Make haste to me! Give ear to my voice when I cry out to You.

(PS 141: 11)

Arrow Prayers from "Putting Joy Into Practice"